

COMPASS YEAR

FIND YOUR MAJOR AND GRADUATE ON TIME



At Mount Mary University, we help women discover the major that inspires their creativity and connects them to promising careers. In fact, we're the first university to offer a comprehensive, one-year program specifically designed to help undecided students find their major and stay on track to graduate on time. We call it the Compass Year.

During your Compass Year, your career exploration process will be embedded in the deeper context of purpose, mission and vocation. You'll be guided through a process of thoughtful self-exploration, while feeling supported by a surrounding community of classmates, faculty, career counselors and mentors.

Mount Mary's Compass Year program is built on evidence-based career and vocational practices to give students the opportunity to discover their path, and the resources and support they need to stay in school. Through this program you'll experience:

- Classes in your first year introducing you to possible career options. You'll identify a basic subject area of interest, called a "Meta Major," and take core classes in your first year that will count toward your degree.
- Guided self-assessment resources that will help you identify your interests and strengths.
- Cohort-based learning that provides support and structure throughout your discovery process.
- Courses that allow you hands-on experiences in different careers, plus a chance to learn from experts in the field.
- Purpose-driven leadership learning through a core curriculum that includes classes such as Leadership for Social Justice and Search for Meaning.

EXAMPLE FIRST YEAR PLAN

FRESHMAN YEAR			
FALL Courses		SPRING Courses	
English <i>(based on placement)</i>	3	Core <i>(based on your interest)</i>	3
SYM 110 Leadership for Social Justice	3	Core <i>(based on your interest)</i>	3
SYM 120 Major & Career Exploration	1	World Language or Core <i>(based on your interest)</i>	3
Mathematics <i>(based on placement)</i>	3	SEA Search for Meaning	3
Core <i>(based on your interest)</i>	3	Core <i>(based on your interest)</i>	3
World Language or Core <i>(based on your interest)</i>	3	SYM 220 Major & Career Exploration	1
TOTAL CREDITS	16	TOTAL CREDITS	16

LEARN MORE ONLINE

For additional information about Mount Mary's Compass Year program and support for undecided students, visit mtmary.edu/compass.

MAJORS AND PROGRAMS

Here are some of the 30+ majors offered at Mount Mary. Check out mtmary.edu/majors to view the full list of majors and programs.

- ACCOUNTING
- STUDIO ART
- ART THERAPY
- BIOLOGY
- BUSINESS ADMINISTRATION
- CHEMISTRY
- COMMUNICATION
- DIETETICS
- EDUCATION
- ENGLISH
- FASHION DESIGN
- FASHION MERCHANDISE MANAGEMENT
- FOOD SCIENCE
- GRAPHIC DESIGN
- HISTORY
- INTEGRATED MARKETING
- INTERIOR DESIGN
- INTERIOR MERCHANDISING
- INTERNATIONAL STUDIES
- JUSTICE (CONCENTRATION IN CRIMINAL JUSTICE)
- JOURNALISM
- LIBERAL STUDIES
- MATHEMATICS
- MERCHANDISE MANAGEMENT
- NURSING 1-2-1
- OCCUPATIONAL THERAPY
- PHILOSOPHY
- PSYCHOLOGY
- PUBLIC RELATIONS
- SOCIAL WORK
- SOCIOLOGY
- SPANISH
- STUDENT DESIGNED
- THEOLOGY

UPDATED JUNE 2020



Compass Year at MOUNT MARY UNIVERSITY

3-DAY JUMP START

Kick off the semester early!
Get to **KNOW YOURSELF**
and your fellow Compass
students, connect with
Mount Mary resources,
and have fun.

1ST SEMESTER

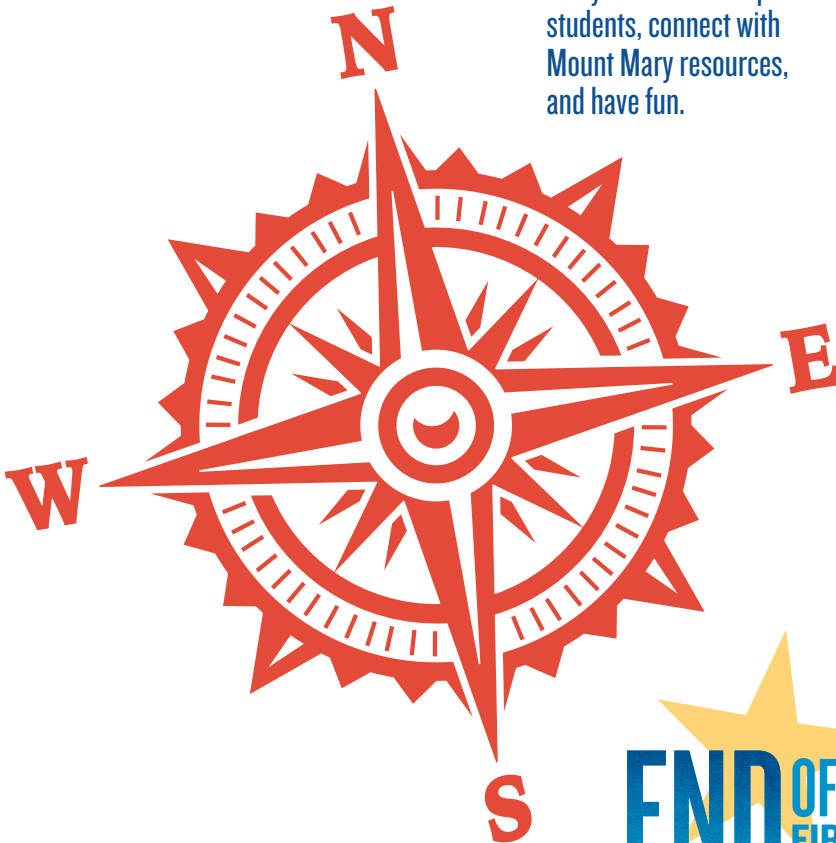
In your Career & Major Exploration course,
you'll discover an **INCREASED UNDERSTANDING**
of your personality, interests, values, and skills.
You'll build on these to start learning about
potential future careers and identify a subject
area of interest.

2ND SEMESTER

As you continue with your exploration,
we'll be out in the Milwaukee community
meeting with businesses and talking
with professionals in the workplace.
You'll build your decision-making and
goal-setting skills.

END OF FIRST YEAR

You'll be ready to make a **CONFIDENT DECISION**
about your major.



If you are still undecided after completing your first year, you can continue to receive individualized support from specially trained career counselors and faculty members who will support you as you uncover the right fit for your future. 📍 mtmary.edu/compass • (414) 930-3024

Mount Mary
UNIVERSITY



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