

MOUNT MARY UNIVERSITY

PSYCHOLOGICAL SCIENCE

PRE-DIETETICS

SCHOOL OF ARTS & SCIENCES

Mount Mary University's dietetics department prepares students to become dietitians — highly qualified professionals who are recognized as experts in food and nutrition.

Dietitians can work in many different areas. Most work in health care settings including medical nutrition therapy, food service management and community nutrition. Dietitians are committed to optimizing health through food and nutrition. Many work in school food service, public health programs, wellness areas and retail.

3+2 Program

As of January 2024, all entry-level dietitians must hold a master's degree or higher.

Incoming Mount Mary undergraduate students complete a Bachelor of Science (Psychological science: Pre-Dietetics concentration OR Human Biology: Pre-Dietetics concentration) which flows into the Integrated M.S. in Nutrition and Dietetics program. These students earn 22-24 graduate credits during their senior year, which apply toward the M.S.

- **Accelerated time to completion:** Since courses taken in the student's fourth year count toward both the undergraduate and graduate degree, students will save one year of study compared to competitor programs.
- **Budget-friendly:** Students in the program save significantly on tuition costs by paying undergraduate tuition in their fourth year (which includes generous financial aid and scholarships), while earning graduate credits.

YEAR	TYPES OF COURSES	TUITION & FINANCIAL AID
Years 1-3: Undergraduate level courses	Core courses, pre-requisite courses for dietetics, and major courses (human biology and psychological Science)	Students pays undergraduate tuition (and receives financial aid and scholarships)
Year 4: Hybrid year (undergraduate/graduate level courses)	Dietetics courses (that count toward the graduate degree)	Student still pays undergraduate tuition (and receives financial aid and scholarships)
Year 5 (summer, fall and spring): Graduate level courses	Dietetics graduate courses	Student pays graduate tuition

Supervised Experiential Learning

Mount Mary's Integrated M.S. in Nutrition & Dietetics includes the 1,000 hours of supervised experiential learning needed to be eligible to take the Registration Examination for Dietitians upon graduation.

The supervised experiential learning begins during the student's first year. Initially, a student's supervised experiential learning hours will be accomplished with Mount Mary faculty on-site. In a student's final year, her supervised experiential learning hours will be completed with a preceptor (a dietetics professional who is dedicated to working with students). Supervised experiential learning hours will focus on:

- Medical nutrition therapy
- Community/consumer nutrition
- Foodservice management

Practicum site locations include hospitals, outpatient clinics, school districts, nursing homes, businesses, public health departments, food service companies and social service agencies.

DID YOU KNOW?

Mount Mary University is a recognized leader in dietetics education in southeastern Wisconsin. Our programs combine the required 1,000 hours of supervised experiential learning with the coursework to prepare you to take the Registration Examination for Dietitians and become a registered dietitian.

Mount Mary grads have exceptional pass rates and score very well on the National Registration Exam. In 2018, Mount Mary celebrated 85 years as a provider of dietetics education.

REGISTERED DIETITIAN EXAM

The Commission on Dietetic Registration administers the Registered Dietitian Exam for those professionals seeking the professional distinction/credential of Registered Dietitian (RD) or Registered Dietitian Nutritionist (RDN).

ACCREDITATION

Mount Mary's Integrated M.S. in Nutrition & Dietetics and dietetics internship program are accredited by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, STE 2190, Chicago, IL 60606-6995, (800) 877-1600, ext. 5500.

FALL Courses		SPRING Courses	
FRESHMAN YEAR			
BIO 100 Introduction to Cell and Molecular Biology	4	Fine Arts or Literature	3
MAT 111 College Algebra	4	CHE 113 General Chemistry	4
PSY 103 Intro Psychology	4	PSY 214 Developmental Psychology	4
ENG 120 College Research Writing	3	Core	4
First Year Seminar	3	Oral Communication	2
TOTAL	18 credits	TOTAL	17 credits
SOPHOMORE YEAR			
BIO 234 Anatomy & Physiology	4	PSY 310 Behavioral Science Statistics	4
CHE 206 Essentials of Organic & Biochemistry	4	DTS 201 Intro to Food Science	3
DTS 152 The Profession of Dietetics	1	Theology	3-4
Psychology Content-Based Course	4	BIO 325 Microbiology	4
World Language	3	BIO 234 Anatomy & Physiology II	4
TOTAL	16 credits	TOTAL	14-15 credits
JUNIOR YEAR			
OCT 201 Medical Terminology	1	PSY 250 Intro to Research Methods	3
DTS 362 Quantity Food Procurement & Production	3	DTS 465 Intro to Community Nutrition	3
Fine Arts or Literature	3	Psychological Science Lab-Based Course	4
Philosophy	3-4	DTS 354 Applied Nutrition	3
DTS 250 Nutrition Principles	4	SOC 101 Introductory Sociology	3
TOTAL	14-15 credits	TOTAL	16 credits
SENIOR YEAR*			
DTS 520 Management & Leadership	3	DTS 566 Medical Nutrition Therapy II (90)	4
DTS 505 Advanced Human Nutrition — Macronutrients/Micronutrients	3	DTS 574 Nutrition Research I	2
DTS 564 Medical Nutrition Therapy 1 (40)	4	Dietetics Elective or Focus Topic Course	3
DTS 575 Counseling Skills (20)	2	DTS 576 Nutrition Communications & Education (15)	2
Fine Art or Lit (option)	3	History	3
		DTS 570 Community Nutrition Program Mgt. (40)	2
TOTAL	15 credits	TOTAL	17 credits
SUMMER AFTER SENIOR YEAR			
DTS 604 Leadership in Dietetics (15)			3 credits
FIFTH YEAR			
DTS 714 Research Design & Analysis II	3	DTS 770 Applied Grad Research	2
DTS 675 SEL In Community and Management (480) or DTS 676 SEL in MNT (480)	6	DTS 675 SEL In Community and Management (480) or DTS 676 SEL in MNT (480)	6
Dietetics Elective or Focus Topic Course	3	Dietetics Elective or Focus Topic Course	3
TOTAL	12 credits	TOTAL	10

UPDATED OCTOBER 2024

*Allows for 22-24 graduate DTS Courses to be earned in the senior year. A student would transition to the Integrated Master’s of Science in Nutrition & Dietetics in their junior year. This becomes a 3+2 plan in combination with the Integrated Master’s of Science in Nutrition & Dietetics.

This example plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.